





Alice Birney Auditorium 4345 Campus Ave. 6:45 Crime Watch - 7:00 Meeting



INSIDE

Calendar Eating Out The Coffee Stop Birney Buzz / Roo News Book Club & Salon

UH: A SENSE OF COMMUNITY, A SENSE OF PLACE

HOW WELL-DESIGNED NEIGHBORHOODS CAN IMPROVE QUALITY OF LIFE

Our September 7 UHCA meeting will feature Architect Kate Goodson, who will speak about "urban placemaking," a movement that enables communities to transform public spaces into dynamic and attractive areas through adaptive design.

Kate Goodson is a principal at POP/ ARCH and a member of the San Diego Architectural Foundation. POP/ARCH is an "urban placemaking laboratory." Through adaptive, inclusive design, the company helps communities transform



their underutilized streets, sidewalks, lots, plazas, waterfronts, and parks into vibrant public spaces. POP/Arch believes that small interventions can have a huge impact on how people live, interact, play, and grow within their neighborhood. The company works intimately with each community to achieve its unique identity and vision for the public realm.

Kate believes that good design belongs to everyone. She has led two pioneering projects in downtown San Diego, each of which has influenced regulatory policy and design standards for local placemaking. In 2014, Kate and a small team of designers and fabricators won the Downtown San Diego Partnership's Mobile Parklet Design Challenge. Together, they worked with the City's various regulatory agencies to design and build a prototype for a mobile, modular parklet. This parklet, the first of its kind in Southern California, was unveiled to the public on (Park)ing Day 2014. This project inspired the launch of the City's Temporary Pedestrian Plaza Pilot Program, which is geared

toward clarifying and streamlining the process for parklet design and execution.

In 2015, Kate joined Rob Nelson Architecture and Design, an East Village-based boutique architecture firm specializing in small-scale commercial projects. Rob and Kate worked with Moniker Group and the East Village Association to develop the first permitted parklet under the new regulatory process.

Kate holds a Master's Degree in Architecture from NewSchool of Architecture and Design and a BS in Neuroscience from Tulane University. She brings to the table a unique set of experiences and skills to see novel and complex projects through to completion. Kate also strives to make the practice of placemaking a collaborative, informative, and rewarding experience for everyone involved.

Please join us at our September meeting for an informative and lively presentation about creating a sense of community and a sense of place for a neighborhood like University Heights.

LOOKING AHEAD **UHCA MEETING**

OCT

We welcome Third District City Councilmember Chris Ward, who represents University Heights. Councilmember Ward will address hot topics in UH and items on his agenda that affect our neighborhood. Please join us for a lively and informative discussion.

STREET SEEN

SENSE AND SENSIBILITY

Creating a sense of place, a unique destination within a community's retail, is a perplexing mix of sights, sounds, and smells. Depending solely on a historic past sometimes just isn't enough. Boyz and gurls, what's new and now in the 'hood?

I recently had reason to shop around in Point Loma Village, the area of Rosecrans near Canon, and it struck me with its defined personality. There is the usual smattering of restaurants and brewpubs, plus tiny street gardens and window boxes of colorful annuals create a charming aura along Rosecrans and continuing up Canon.

Recent boutique openings include the duo of En Concordia and its garden-centric neighbor, **The Shed**. Just try to keep your credit card under wraps. En Concordia has an array of irresistible kitchen tools and cookery condiments like homemade jams and Bourbon Smoked Paprika. Find personal pampering items in delectable bottles and boxes, tableware, pottery

mixing bowls and mugs, and original gift ideas and cards. The adjacent garden haven bursts with plants, rare seeds, organic fertilizers, and top-notch garden tools from the Netherlands. A hop, skip, and jump up around Canon, the same owner has opened a children's boutique named See Saw Kids, a must for grandmère, and Good Dog Pet Outfitters. The latter rates three woofs, and includes the Harry Barker all natural dog and cat beds with striped hemp covers. They're so sharp you might want one even if you don't have a pet.

Up north in Solana Beach, the Cedros Design District has long been another destination for retail design. Slip into a tree-shaded chair for lunch at Lockwood's Table, amble over to Sea Breeze Mercantile for beach-themed gifts and home décor, then to Bixby & Ball for a John Robshaw fix.





Photo Credit - Top: See Saw Kids, Bottom: En Concordia

- cont'd on Page 3

MEMBERSHIP

JOIN TODAY AND HELP **MAKE A DIFFERENCE! OUR SUCCESS IS** LARGELY DEPENDENT ON VOLUNTEER **EFFORTS FROM AREA RESIDENTS LIKE YOU.**



NEW/RENEWING MEMBERS

GOLDEN OSTRICH

Ann Warren, Louisa Campagna, Kenneth Griffiths & Grant Wilson



JOIN, RENEW OR

HOUSEHOLD

Judy & Ed Ross, Cathleen Edwards, Rebecca Estrada Family, John Sandbower & Craig James, Russ Sperling & Gus Pagsanjan, Ixchel Samson, Deborah Morrison, Patricia & Bill Wild, Cindi Hill, Jean & John Earl, Lynne & Jim Manner, Tamara Zyhylij, Joan Foster & Susie Virgilio, Tina McGlathery, Naida Hindert.

Many thanks to all our members for your dues and donations, which go directly to programs and events that make UH the wonderful community it is. We greatly appreciate your support.



Yearly Membership Donor ☐ \$25 Household Donation for Keeping up the Good Work □ \$45 Membership & mailed UHCA News (Donate as a member or □ \$75 Business Membership non-member) □ *150 Golden Ostrich Name Business Name -Address Zip City/State Phone Email. Referred by ☐ NEW RENEWAL University Heights Community Association is a 501(c)(3) non-profit charitable organization. A portion of your membership

Volunteer Your Time on a UHCA Committee!

- ☐ **Beautification & Planning** Keep UH beautiful.
- ☐ **Blockwalker** Help deliver newsletters to UH residences and businesses.
- ☐ **Marketing & Merchandising** Promote UHCA via marketing/advertising, visual arts, photography, and product merchandising.
- ☐ **Membership** Help meet record goals for 2017 membership and meeting attendance.
- ☐ **Neighborhood/Zone Watch** Join your neighbors to keep UH safe.
- UHCA News Write articles, take photos or sell ads; these are just a few of the many ways to contribute your talent, creativity and energy to our paper.
- ☐ **Program & Events** Plan and oversee the various events and general meetings.





UNIVERSITY HEIGHTS COMMUNITY ASSOCIATION

UHCA NEWS

UHCA OFFICERS

EDITORS Maureen Markey, Phyllis Kessel, and Nan McGraw

is tax-deductible to the extent allowed by law. For more info, email membership@uhsd.org

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Published 10 times per year by the University Heights Community Association. We welcome articles, letters, and announcements about issues and events relating to University Heights. The deadline for submission is the 5th of the $month.\ Email\ submissions\ to\ uhcanews@yahoo.com.\ We\ retain\ the\ right\ to\ edit\ submissions\ for\ style\ and\ content.$



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FACEBOOK / universityheights community association

INSTAGRAM / University Heights SD

UNIVERSITY HEIGHTS BOUNDARIES AND ZONE WATCH





Zone Watch Coordinators manage email lists of participants wishing to receive University Heights crime watch information and updates. Download more on the UH Zone Watch program at uhsd.org or contact your zone's coordinator, or Nan McGraw.



nmcsan@aol.com



pamisaacs1@gmail.com



mlangeuhcazone3coordinator@gmail.com





619-531-2468

christopherhutchinson@hotmail.com



Tamara Zyhylij tamara@tamarazhomes.com

Mark Koopman mkzw6@yahoo.com



NEW CRIME WATCH SIGNS

Be on the lookout for our new signs coming soon. If you know of an old dilapidated sign that should be given priority, please email UHCA Secretary Kurt Hermansen at: kdh@habeaskurtus.com.



SLOW DOWN SIGNS

Speeding on neighborhood streets in UH is a chronic problem. Shaving time off trips by speeding has small benefits and high risks. If your neighbors can't let their kids play ouside pecause of you, set your alarm clock 15 minutes ahead and slow down.

UH PHONE BOOK

Narcotics suspicious drug house / anonymous

| Emergency • Police • Fire • Medical | 911 |
|---|-------------------------------------|
| Non-Emergency Suspicious Activity, Homeless Outreach Team, etc. | 619-531-2000 |
| Online: non-emergency problems: www.sandiego.gov/get-it-done SD City Services non-emergency : street lights, pot holes, etc. Online: www.sandiego.gov/city-hall/departments | 619-527-7500 |
| SD City Services emergency Online: www.sandiego.gov/city-hall/departments Storm damage: fallen trees, flooding, clogged storm drains | 619-527-7500 |
| Alert San Diego reverse 911 notification to moble phones for emergencies requiring evacuations www.readysandiego.org/alertsandiego/ | |
| 2-1-1 San Diego | 011 050 000 1011 |
| Free Community Resources Cal Fresh, Medi-Care, Covered California, etc. Abandoned Vehicles | 211 or 858-300-1211 858-495-7856 |
| Alice Birney Elementary Office | 619-497-3500 |
| Animals / Non-Emergency | 619-767-2675 |
| Brush and Weed Abatement | 619-533-4444 |
| Code Violations | 619-236-5500 |
| Crime Stoppers Tip Line | 888-580-TIPS (8477) |
| Department of Environmental Health public health/rats/rodents | 858-694-2888 |
| Downed Power Lines / SDG&E | 800-411-7343 |
| Emergency Water / Sewer Repair / Sink Holes | 619-515-3525 |

Retired Senior Volunteer Patrol (RSVP) **SDPD Community Relations Officers:**

619-692-4945 vacation home security check, welfare of home-bound, patrolling business districts, homeland security support

David Surwilo (dsurwilo@pd.sandiego.gov Ricardo Pinon (rpinon@pd.sandiego.gov

SDPD Western Division 5215 Gaines Street **Shopping Cart Pick-Up Service**

UHCDC University Heights Community Development Corp 4452 Park Blvd University Heights Public Library 4193 Park Blvd UH Zone Watch Coordinator Nan McGraw nmcsan@aol.com

Graffiti: In Progress Emergency: Report Online: apps.sandiego.gov/streetdiv/) email photos: Graffiti Hotline:

SD Vector Control mosquitoes / ticks / rats Online: vector@sdcounty.ca.gov

If all else fails, contact Chloe Madison at Councilmember Chris Ward's office 619-236-6633 cmadison@sandiego.gov



858-694-2888 **DISASTER CONTACTS**

619-692-4858

619-692-4821

619-692-4800

800-252-4613

619-297-3166 619-692-4912

619-260-0668

619-257-7500

In case of a major disaster such as an earthquake or fire, have two out of state contacts on speed dial. When the power is off cordless phones won't work. Have a basic phone you can plug into a phone jack that you can use for calls.

cericson@pd.sandiego.gov

CAROL NEIDENBERG

Having travelled to a few other cities over these past six months, I returned home and remembered why I like living in San Diego. It's an easy place to navigate, has friendly people (no, not like Southerners), decent museums (no, not like New York City), pleasant scenery (no, not like Seattle), and hip restaurants (no, not like San Francisco). However, San Diego has its own charm. It was not uncommon for people I met from other places to say that San Diego is one of their favorite cities and they wish they could live here.

For me, living in San Diego means being in the center of the city. University Heights is where everything I want to do or see is no more than 15 minutes away. Plus with Lyft and Uber, going places is more reasonable than ever.

Despite the many reasons to live in the urban core, San Diego is facing two major problems: affordable housing and homelessness. There are multiple reasons for this perfect storm and many solutions have been offered. I truly hope that some of the newer solutions, led by our elected officials both locally and in Sacramento, will mitigate these problems. The time to think about the future is now. Just the way our wise city officials listened to UH residents 25 years ago, and the Trolley Barn Park came to be.

Keeping UH a distinctive neighborhood and at the same time welcoming new housing admittedly is a challenge. We want the developers and city planners to consider this when approving and building new structures. We welcome diversity, yet we want to remind them that with increased density, comes the need for more water, more utilities, more parking, and more green space. With thoughtful planning and neighborhood consensus, apartment building and condo design can be reflective of our community. It's what makes a neighborhood livable. To our elected officials and advisory committees, we ask you to solicit neighborhood input. To our neighbors, please get involved and make a difference.

- cont'd from Page 1

Don't miss Solo for design books and vintage décor. As we speak, a new mix of retail and dining is underway to complement existing designer hot spots.

We in University Heights are heavily invested in our history. The original trolley and its barn, now the Trolley Barn Park, were integral to San Diego's development. The ostrich, symbol of a turn-of-the-century farm that was firmly in step with women's fashion, is a friendly logo.

We've become a destination for ethnic food and innovative drinks, but not for fresh design ideas. We have our beloved Florabella and the sparkle of Cecilia's Fine Jewelry, but missing are cool new gifts, greeting cards, garden pottery and plants, precious chic for the nursery, the kitchen and bath, a simple organic shirt that's not a T.

The tiny Kiko & Sven on Adams in **Kensington** is the only inkling of a gift shop in driving sight. Cody's Home + Gifts is a lone Hillcrest outpost, having moved up University next to Hillcrest Hardware. An earth-friendly emporium for "conscious families," Wonderful and Wild, moved into the same block. Think strollers, baby wraps, cloth diapers, and more.

With our amazing density growth, new dwellers are about to move into UH. An engaging assortment of design-focused retail is an opportunity waiting to happen. -The Unknown Shopper









Photo Credit - Top Left: Florabella, Bottom Left: Bixby & Ball, Top Right: Sea Breeze Mercantile, Bottom Right: Wonderful and Wild

CREATING COMMUNITY THROUGH GARDENING

Community gardens are all about creating and strengthening communities. Did you know that we have a community garden in University Heights? About a year ago, we were graciously offered the use of a small plot of land by a local resident on her private property. We swiftly pulled together a team of local residents and got to work sifting, tilling, planting, and most importantly, eating fresh organic fruits and vegetables! It has been a great year of learning and community building. In today's fast-paced world of communicating through e-mail and texts, we all agree it's been a great opportunity to get our hands off our phones and computers and in the dirt, learn a new skill, meet new friends, and support healthy lifestyles. We are thrilled to announce that our sponsor has been so pleased with the arrangement, she has now offered to allow us to use more of her land. So we are in the process of clearing the area and building individual plots. Because of the extra space, we have been able to purchase a compost bin for the area. We were able to get the bin at a discount by

completing the on-line application on the City of San Diego Compost Bin Voucher Program Application webpage. We try to keep our FB page, University Heights Community Garden Project, updated. But to learn more or if you know of any

public areas, or if you are interested in donating the use of privately owned space for our garden, please e-mail Jill Roughan at joieroughan@gmail.com. -Jill Roughan



291-8287

296-0504

296-0616

542-9927

297-9464

it so you, too, can extend your summer into September.

PEACH-MUSTARD PORK CHOPS:

BEST GRILLED CHOPS EVER!

September and October may be my favorite time of the year in San Diego. It's still summer here. Warm weather, all the tourists have gone home, and still time for that beach bonfire-or backyard grilling. I found a recipe in Food Network magazine and it was maybe the most wonderful grilling we did all summer. I share

(Serves 6, but can be cut to 2 easily)

For the Pork

- 1 T light brown sugar
- 1 T paprika (I used smoked paprika)
- 1 t ground coriander
- 1 T spice mix-salt, pepper, onion, and garlic powder (I use Omnivore salt, a seasoning I get on Amazon)
- 6 bone-in rib pork chops (Buy the thick, 1-inch chops)

For the Peach-Mustard Sauce

- 1 ½ C apple cider vinegar (I subbed half sherry vinegar and half red wine vinegar)
- 1 C plus 2 T peach preserves
- 2 T Worcestershire sauce
- 4 t mustard powder
- ¾ t red pepper flakes
- 3 peaches, halved

DIRECTIONS

- 1. Pierce both sides of the pork chops 12 times with a sharp knife, combine all pork ingredients, and rub into chops. Cover and refrigerate at least 4 hours, or overnight.
- 2. Combine all sauce ingredients, bring to a boil, reduce heat, and simmer 8 minutes until thickened. Cool. Set aside ¼ cup for basting, and the rest for serving.
- 3. Remove pork from fridge 30 minutes before cooking. Fire up grill. Cook chops on hot, covered grill 4 minutes on 1st side, 3 minutes on 2nd side, for nice grill marks. Be sure to baste with sauce before flipping. Uncover, baste again, flipping and basting every 2 minutes for 8 minutes total. Transfer to cutting board and let rest 5 minutes.
- 4. While pork is resting, baste peach halves and place cut side down on grill. Cover and grill until marked, 1–2 minutes per side.
- 5. Serve each chop with peach half and reserved sauce.

25

24

HILLCREST

9 am - 2 pm

FARMERS MARKET

- Andrea Bacal

EATING OUT IN UH

American Market Bahia Mexican & Seafood 1985 El Cajon Blvd. 542-0540 Bahn Thai 4646 Park Blvd. 299-6363 bfd (big front door) 4135 Park Blvd. 255-4100 Circa Restaurant 2121 Adams Ave. 296-9152 **Cueva Bar** 2123 Adams Ave. 269-6612 El Zarape 4642 Park Blvd. 692-1652 2322 El Cajon Blvd. Flavors of East Africa 955-8778 2201 Adams Ave. 269-5999 **Great Maple** 1451 Washington St. 296-8268 Hope at Lafayette 2223 El Cajon Blvd. 780-0358 **Hundred Proof** 4130 Park Blvd. 501-6404 4496 Park Blvd. Lestat's on Park 501-6638 1905 El Cajon Blvd. Loving Hut 683-9490 Madison 4622 Park Blvd. 296-6566 Mama's Bakery & Lebanese Deli 4237 Alabama St. 688-0717 Meraki Café 1735 Adams Ave. 269-9618 Muzita Abyssinian Bistro 4651 Park Blvd. 546-7900 **Mystic Mocha** 2105 Mission Ave. 688-0858 Park Boulevard Deli 4504 Park Blvd. 295-1362 **Park House Eatery** 4574 Park Blvd. 295-7275 Pizzeria Bruno Napoletano 4207 Park Blvd. 260-1311 Pizzeria Luigi 2121 El Cajon Blvd. 294-9417 Plumeria Vegetarian Cuisine 4661 Park Blvd. 269-9989 Pomegranate Restaurant 2312 El Cajon Blvd. 297-4007 Pop Pie Co. 4404 Park Blvd. 501-4440 297-1313 Red Fox Steak House 2223 El Cajon Blvd. 4615 Park Blvd. **Red House Pizza** 546-7430 Small Bar 4628 Park Blvd. 795-7998 Soltan Banoo 4645 Park Blvd. 298-2801

Restaurants that have supported UHCA and its programs with advertising and/or gift cards are indicated in **bold**. Please support those businesses that support UHCA.

4175 Park Blvd.

4602 Park Blvd.

4590 Park Blvd.

2302 El Cajon Blvd.

1901 El Cajon Blvd.

MONDAY FRIDAY SUNDAY **TUESDAY WEDNESDAY THURSDAY SATURDAY** The Point Clean Up 1:30 - 3:30 pm Golden Gate btwn RI & Del. **5** UHCA News Deadline 9 **UHCDC** Meeting LABOR **UH Rec Council Meeting HILLCREST** for October Issue: 4452 Park Blvd. Suite 104, **FARMERS** Alice Birney Library Articles & Advertising Due 5:30 pm **MARKET Uptown Planners Meeting: UHCA Meeting:** 9 am - 2 pm 4452 Park Blvd., Suite 104 Alice Birney Auditorium 6:30 pm **Trash Pickup** 6:45 pm 12 **Hillcrest Town Council Preview Book Sale Book Sale** HILLCREST **PATRIOT DAY** Joyce Beers Center (open to the public) Friends of the Library, (Friends members only) **FARMERS MARKET** Uptown Complex Friends of the Library, 9 am - 2 pm **UH Library UH Library** Friends of the Library **GRANDPARENTS** 3 - 6 pm 8 am - 3 pm **UH Chapter** Curbside Recycling & Yard Waste Collection **UH Branch Library** DAY 6 pm 19 23 **20 22** 17 21 NORTH PARK PLANNING COMMITTEE **ROSH HASHANAH FIRST DAY OF** HILLCREST FARMERS MARKET **BEGINS AT SUNSET AUTUMN** North Park Christian 9 am - 2 pm Fellowship 2901 North Park Way **Book Sale** 6:30 pm Friends of the Library, UH Library, noon - 4 pm

27

UH Book Club & Salon

6:30 pm UH Library

26

UHCA NEWS,

OCTOBER ISSUE OUT

28

Curbside Recycling & Yard Waste Collection

29

begins

at sunset

Yom Kippur

Sprouts Market & Deli

Twisted Taps (brews & chews)

Summer's Market

Twiggs

Wing Stop

THE COFFEE STOP



Photo Credit: Pop Pie Co.

I took the #11 bus from Adams Ave. to Park Blvd. When I got off at the stop near Meade Avenue, I noticed twelve planters with succulent plants, adding life and beauty to the brown steel walls. My destination was close.

Pop Pie Co. opened just ten months ago, selling "pot" or "hand" pies, comfort food that is very popular in Australia and England, but not so much in San Diego. The menu is simple. Short batches of fresh-baked pies with more than a dozen different fillings are offered daily, including vegan, vegetarian, savory, and sweet pies. I'm not good at resisting temptation, so before I started with the coffee session I tried one. You will enjoy the dough and what is in it!

My first coffee choice was the drip coffee: a 50 percent blend of Ethiopia and Colombia, light in color but full in flavor, which combined three key elements: good quality beans, a careful process, and no longer than 90 minutes in the pot. These elements help ensure a fresh and tasty cup of Joe. I liked the idea of categorizing as Playtime the beverages with other flavors and just Coffee for the serious ones. So after

my failure regarding the pie temptation, I decided to take the coffee seriously.

The Pour-over Golden Cup is a good option for single origins or signature blends. In order to ensure the consistency of the extraction, they use a special machine to make one cup instead of the manual method used in many coffee shops. I tried a Burundi with non-washed beans and found clear blueberry and bourbon notes.

Finally I had an interesting experience with the espresso. First I drank it straight, but it tasted too acidic for me, so Steve added a bit of steamed milk. Suddenly it turned into a soft, silky, and caramelly coffee.

It's a good thing I did not drink all the coffee I sampled, because the caffeine buzz that can be good in the morning is not so welcome close to bedtime. - Felipe Gonzalez

Pop Pie Co. 4404 Park Boulevard, 92116 8 am to 9 pm, daily 619-501-4440

YOUR **NEIGHBORHOOD IEWELER CUSTOM DESIGN** JEWELRY & WATCH REPAIR **ESTATE JEWELRY** AND APPRAISALS 4669 PARK BLVD SAN DIEGO, CA 92116 619 297-7300 MON-FRI 10-6 | SAT 10-5

OUR UH HISTORY

THE OSTRICH STORY OF UH

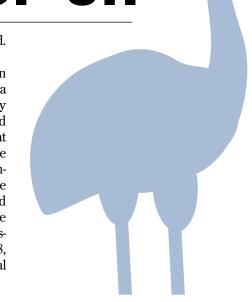
Told for 125 years, this tale never grows old.

University Heights is one of San Diego's oldest communities - one with a colorful and exciting history. Our story began in 1888 when the College Hill Land Association subdivided the land that bordered the City Park for the purpose of developing the University of Southern California College of Fine Arts. The lots were sold at "reasonable prices" and part of the cost was to go into a college building fund. However, a national recession stopped the construction. In 1898, the land was donated to build a Normal School, a teacher training college.

At the end of North and Adams, the San Diego Cable Railway Company developed The Bluffs, a park that eventually was purchased by John Spreckels just before the turn of the 20th century. This 20-acre botanical garden, Mission Cliff, was the end of the line for the streetcars Spreckels owned and was considered the city's premier public park. In 1904, the Harvey Bentley Ostrich Farm moved to UH and enjoyed great success because of the popularity of ostrich feathers in women's fashions. The farm also was open to the public and visitors could ride the birds for a fee. In 1913, a trolley car barn was built next to the farm. The barn was used for repairs and down time

storage of the trolley cars until the 1940s, when buses replaced the street cars. From 1949 until 1976, the property was the home of the San Diego Paper Box Company. In 1979, the property was sold and the building was demolished.

Today this historical site is the Trolley Barn Park, a crowning achievement of UHCA. The Park, inspired by the original Mission Cliff Gardens, won a prestigious AIA Orchid Award in 1992. One hundred twenty-five years after its beginnings, UH remains a vibrant neighborhood, and the ostrich graces our pages as a reminder of our community's proud heritage.



TOTE BAGS, T SHIRTS IUGS & NOTECA

Show some personal style and community support this fall with UH T shirts, mugs, notecards, postcards and upcycled street banner totes. Available at the following:

All Merchandise **UHCA Monthly Meetings** First Thusday 6:45 pm-8 pm Alice Birney Elementary 4345 Campus Ave

T Shirts & Hoodies **Twiggs University Heights**

Tote Bags **Original Skin & Body Care** 4416 Park Blvd, 92116 Call Ahead: 619-295-7313



COOKIES WITH THE COPS

A 30-YEAR UHCA SUCCESS STORY







Crime stats were high in the mid 1980s. Our frequent Coffee With the Cops events led to the end of drug and prostitution operations in UH. Crime stats decreased. But we never rest with success. UHCA firmly believes it is important to continue sponsoring events to allow you to meet our SDPD officers and express your concerns. So we continue to sponsor Coffee, or Cookies, or Ice Cream (or whatever is seasonally appropriate) With the Cops on a regular basis.

The most recent Cookies With the Cops took place on July 13 at Mystic Mocha, the Vermont Street Bridge, and Delaware Street at Madison Avenue. Councilmember Chris Ward, Vice Chair of the San Diego County Regional Task Force on the Homeless, kicked off the evening at Mystic Mocha, restating his commitment to tackle the homeless problem in our city. Accompanying Chris was San Diego Police Department Captain Paul Connelly, Lt. David Bautista, Community Relations Officers Ricardo Pinon and David Surwilo, and Deputy City Attorney Han Hershman.

Problems discussed included: Homeless impact around UH Library and Sprouts; Texas Street homeless camps and debris (a large operation is in the works to clear Texas; Overgrowth under and near the Vermont Street Bridge that hides illegal drug activity and homeless camps; and Speed and loud motorcycles throughout UH.

"If you don't report it, it didn't happen." Too many residents are not reporting incidents. SDPD cannot allocate more resources to our neighborhood if they do not have the statistics to back it up. Please report car break-ins, package swiping, the disappearance of bikes, etc., from your property.

Here are numbers to keep handy:

Emergency/crime in progress: 911 (only for crimes in progress)

Non-emergency phone line: 619-531-2000 (the wait time can be discouraging, but don't give up)

Go to SDPD website to report a crime. Download the App for online reporting.

Community Relations Officer David Surwilo: 619.692.4858 (dsurwilo@pd.sandiego.gov)

Community Relations Officer Ricardo Pinon: 619.692.4821 (rpinon@pd.sandiego.gov)

For issues that need attention on city streets or sidewalks, go to city website App called "Get it Done."

Councilmember Chris Ward: 619.236.6633. Contact aide Chloe Madison (cmadison@sandiego.gov)

A big thanks to: Mystic Mocha and Twiggs for their delicious cookies; Councilmember Chris Ward, for helping University Heights residents with safety and quality of life issues; Community Relations Officers, David Surwilo, Ricardo Pinon, and SDPD support; and all of you who help make these events a success and University Heights a safe community. - Nan McGraw



BEAUTIFICATION TEAM REPORT

MEET THE TRASH ANGELS AND OTHER UH APPARITIONS

"You mean the city doesn't do that?" This is a question members of the UHCA Beautification Team and other volunteers who support the team's projects hear on a regular basis.

Most recently I was asked this question while emptying the trash container at the entrance to the Vermont street bridge. One doesn't normally associate angels with trash, but it is the Beautification Team-sponsored "Trash Angels," headed by MaryBeth Chruden, who remove the trash weekly to keep our bridge and the surrounding area free of the debris that would otherwise accumulate on the heavily trafficked bridge. Other members of the team and I were asked the same question numerous times by passersby on a recent Sunday morning when we were work-

ing on the University Heights Library garden. The garden was planted by the team and members routinely maintain it to ensure that visitors to our library are greeted by an inviting and attractive setting at its entrance. So we frequently reply to this ubiquitous question, "No, the city doesn't take care of this. Your University Heights Community Association Beautification Team does."

We live in a wonderful community, and only true community spirit can bring its members together to work for the common goal of making University Heights the marvelous place we all call home. I encourage you to join us in the future. New volunteers are always welcome. - Rod Girvin, UHCA Beautification Team Leader, crgirvin@cox.net

GARDEN OF THE MONTH

THE AQUAPONICS ADVANTAGE

Hello neighbors! We've been in UH for almost a year now and have had the privilege of scoring an awesome landlord, Sam, whose family also runs Bahn Thai. Sam has let us put in a substantial garden on the rental property. Thank you, Sam!

My partner Loren and I have always had a little hobby garden, but since we entered early-stage Trumpocalypse, it seemed prudent to develop the ability to grow all our own food. So that's the path we're on now, and it's turning out to be a quite enjoyable and rich way to live. Eight months in, starting with nothing, we're growing about 80 percent of our produce, and raising tilapia to eat. When we shop, it's pretty much just grains, meat, milk, eggs, beans, and nuts. We can't have chickens or a cow here, and grains require a bit of land, so we're now working on growing more beans. We compost everything, which means our soil is developing nicely and producing more densely each month. One hundred percent organic!

Like many lots in UH, we don't have much space. This compelled us to put a vertical aquaponics system on the fence, which is actually pretty rad for urban growing. We have a 500 gallon rainwater harvesting cistern with 12 tilapia in it (industrial farming would put up to 80 tilapia in that tank). Rain fills the tank; we feed the fish; the fish poop and pee; then we cycle the fish water through a vertical zigzagging bamboo thingamajig that's got a bunch of lettuces and herbs growing in it. The plants eat up all the fish poop/pee; then the water goes back to the tilapia all fresh and clean. Finally, we humans get to eat the plants and the fish. We haven't eaten a fish yet, because the system has been running for just two months, but folks say it tastes a lot better than industrially farmed tilapia. The produce on the aquaponics system, however, tastes about the same as store-bought produce (lacking fullness in flavor), versus our in-ground produce which is noticeably better than what you can get at any store. Aquaponics is totally worth it though, because it takes up almost no space and uses about 70 percent less water than in-ground growing.

For newbies, the first thing I would recommend is getting rainwater cisterns. People wrongly assume there's not enough rain in San Diego to amount to anything. With an 800 sq. ft. Craftsman house, we can capture about 6,000 gallons of water per year from our roof gutters, which basically covers all our gardening water needs all year round for free! Plus, rainwater grows plants much better than chlorinated city water. - Loren and Benny





BACK TO SCHOOL!

Birney is excited to be back to school on August 28. Here are a few small steps that cost nothing but give back to Birney. All of the following actions will give a percent of your purchases back to Birney with no cost to yoube a hero and pick one or more of the following ways to give back to your community school:

- Register your Ralph's card: log in to www.ralphs.com, sign into or create your account, then select My Account > Account Settings > Community Rewards and select Birney Elementary.
- Visit birneypta.com or friendsofalicebirney.com and click on the Amazon.com link to give a portion of your purchase to Birney. Friends of Alice Birney Elementary is set up on AmazonSmile, but the percent given back is greater through the link.
- Download the Benefit mobile app to purchase digital gift cards—the cards are never lost because they're on your phone. Select Non-profits > Birney PTA.
- The MightyNest gives 15% back to Birney with every purchase from mightynest.com. Search in our favorite zip code, 92103, for Birney Elementary.

- Go to eScrip.com and register to have your Bristol Farms and other purchases contribute to Birney PTA.
- Sign up for energy alerts from EnergyTroopers.org—completely free!
- If something gets clipped from a box or saved from a bottle top, turn it into the Birney office or auditorium:BoxTops,CokeRewards, Tyson Chicken.
- Bring your CRV redeemable plastic and metal recyclables (no glass for safety) to campus, or bring your RePlanet receipt to Birney.

All these little amounts and steps might not seem like much, but each contribution is critical to making sure our 550 students have the world-class International Baccalaureate education Birney has brought to the UH neighborhood. -Kim Schultz





ROO NEWS

ROOSEVELT'S TRICK OR TROT RUN IS OCTOBER 29

Save The Date! The Friends of Roosevelt Foundation (RooFriends) will hold our Fourth Annual Trick or Trot 5K/1 Mile Fun Run at Morley Field in Balboa Park on Sunday, October 29th. Each year, this event attracts hundreds of runners of all ages from our community, many running in costumes for a good cause. Proceeds will support after-school enrichment programs for Roosevelt students.

The Trick or Trot Fun Run's course goes through Morley field and Florida Canyon on the edge of Balboa Park. Participants are encouraged to wear Halloween costumes, and prizes will be awarded for best costume as well as best time. Individuals and families alike are encouraged to participate! This fun fundraiser brings together students, families, alumni, neighbors, and local businesses to support Roosevelt's After School Clubs and Enrichment Programs.

RACE-DAY TIMELINE

8 am Race packet pick up and

same-day race registration opens

5k fun run begins 9 am 9 - 10:30 am Free face painting

10 am 1 mile fun run/walk begins

10:25 am Pumpkin race

10:30 am Awards ceremony commences

Registration opens in September: www.trickortrotsd.com



San Diego Maker's Faire: October 7 and 8

Roosevelt will again be hosting a table at the San Diego Maker's Faire in Balboa Park. The Maker's Faire is "a gathering of fascinating, curious people who enjoy learning and who love sharing what they can do. From engineers to artists to scientists to crafters, Maker's Faire is a venue to for these 'makers' to show hobbies, experiments, projects. We call it the Greatest Show (& Tell) on Earth a family-friendly showcase of invention, creativity, and resourcefulness." Last year, Roosevelt's booth, which focused on robotics, was a hub of activity! We need volunteers to help staff our table. If you are interested in science and want to help inspire the next generation of scientists, please volunteer and you will receive FREE **ADMISSION** to the event. Please contact rooseveltptsa1@gmail.com if you can help.

- Laura Dadmun



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UH LIBRARY WELCOMES OUR NEW BRANCH MANAGER

We have a new librarian! Alan Bugg is a seasoned veteran of the San Diego Public Library system. He's most recently been the Branch Manager of Paradise Hills Library, but his other assignments have included Valencia Park/Malcolm X and the Central Library (that other library on Park Blvd). Paradise Hills Friends of the Library President, Judy Kravetz, could not say enough good things about him. Please come by and meet him!

I would like to thank the Corporate Friends of the Library and the Library Friends groups from University Heights, North Park, Mission Hills, and Logan Heights for sponsoring our involvement in the annual Pride Parade. As a member of the San Diego Public Library's LGBTQ Services Committee, it was great to see everyone marching, from Library Director Misty Jones to volunteers to staff to teen groups to loved ones. We had t-shirts designed by Paul Farris with the Oscar Wilde quote, "Be yourself, everyone else is already taken."

Here's what's coming up at the UH library in September:

September 4 • Labor Day

All libraries will be closed.

September 13 • Back From Tomboctou

Make Mexican paper decorations.

September 27 • World Below the Waves

http://worldbelowthewaves.weebly.com/

Every Saturday • Craft Time for Babies & Toddlers

10:30-11:30 am

There are several ways to donate books to our library: the Friends of the Library are downstairs to receive donations on Tuesday and Thursday mornings; we have a convenient Donation Box on the sidewalk on Howard, near the library staff carport; or for large donations, please call the Friends of the Library at 619-542-1724 and leave a message.

Hope to see you at the Library soon! - Erin M. Wilson, Library Clerk





Library Hours

Monday Tuesday Wednesday Thursday Friday

9:30 am - 6 pm 11:30am - 8pm

11:30am - 8pm $9:30 \, \text{am} - 6 \, \text{pm}$

9:30 am - 6 pm Saturday $9:30 \, \text{am} - 6 \, \text{pm}$

CLOSED Sunday

FRIENDS OF THE UH LIBRARY

WILL UH FRIENDS FOLD OR FLOURISH?

Thank you to all those who contributed books for our annual UH Friends book sale on Saturday, August 19. Although book sales occur every month at our UH branch, the proceeds of the August sale each year directly benefit the UH branch. Your contributions are much appreciated.

I understand that our little library, although it is the smallest in the system, is the most trafficked per square foot in the city. The UH Friends chapter has an impressive membership of more than 150 members, but we do not have sufficient active participation in order to flourish or perhaps even to survive. All the money raised through membership dues, book sales, and otherwise by the UH Friends chapter is spent directly on books, materials, programs, and improvements for the UH branch, and a significant amount

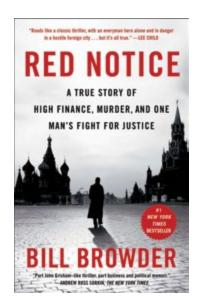
of what we raise is matched by the City library system. Many of us want to continue to improve the facility, sponsor more activities for children, and institute programs for teens and adults. But we cannot do any of those things without a viable and functioning UH Friends group. We have lots of good ideas, but we cannot implement them without more commitment from the UH Friends.

Please consider joining and getting involved to help us make this the best little library in the system in every way. You can volunteer for as little or as much time as you can spare. The next UH Friends meeting will be September 12 at 6 pm at the UH library. We need you to join us. - Nan McGraw, Interim President nmcsan@aol.com

SEPTEMBER BOOK CLUB AND SALON

RED NOTICE: A TRUE STORY OF HIGH FINANCE, MURDER, AND ONE MAN'S FIGHT FOR JUSTICE BY BILL BROWDER

Has anyone been following in the newspapers the Russian theatrics now playing at the White House, the recent meeting between a Russian attorney and certain White House officials, and the mention of the Magnitsky Act? Well, here is an opportunity to get the background story. It comes directly from the former American financier and author, Bill Browder, who, as founder and CEO of Hermitage Capital Management, was the largest foreign investor in post-Soviet Russia until 2005.



Since 2009, after his principled young tax attorney, Sergei Magnitsky, was imprisoned, tortured, and then murdered as a result of uncovering a \$230 million tax fraud committed by Russian government officials, Browder has been leading a campaign to expose Russia's human rights abuses. Because of this, he became Russian President Vladimir Putin's number one enemy, especially after Browder succeeded in having a law passed in the United States in Magnitsky's name that punishes a list of Russians implicated in Magnitsky's Putin famously retaliated murder. with a law that bans U. S. citizens from adopting Russian orphans.

The author, who is now a human rights activist, published his book in 2015.

Join the Book Club & Salon's monthly discussions. New members always welcome! Selected book available at the **UH Library's front desk during August & September.**

UH Book Club & Salon

Wednesday, September 27, at 6:30 pm San Diego Public Library, University Heights Branch 4193 Park Boulevard (at Howard Avenue) 619-692-4912

PREVENTING THEFTS FROM VEHICLES

The following tips have been provided by Officer David Surwilo, our San Diego Police Dept. Community Relations officer. Officer Surwilo frequently appears during the Crime Watch part at the beginning of our monthly UHCA meetings.

- * Never leave anything of value in plain sight. Conceal all navigation aids, cellular phones, audio systems, laptop computers, packages, sports equipment, cameras, purses, wallets, firearms, hand tools, sunglasses, etc., inside your vehicle.
- * Take anything you can't afford to lose with you; for example, a wallet or laptop computer. Put other valuables in the trunk before you park, never after you park. Thieves may be watching.
- * When shopping, ask the store to hold all your purchases until you are finished so you can carry everything to your vehicle in one trip. If you need to make more than one trip to load your trunk, move your vehicle to a different area of the parking lot after each trip.
- * Lock truck-bed toolboxes.

* Install locking devices on batteries, wheels, audio equipment, spare tires,

- * When you return to your vehicle, make sure that any valuables that were locked in the glove box or trunk were not taken or tampered with. Thieves are able to get into some vehicles without leaving any visible signs of a break-in.
- * Take the removable face of your CD player with you even if you are going to be gone for only a few minutes.
- * Make several slices through your license plate registration sticker after it has been placed on the plate. If the sticker is stolen, you can get a replacement from your local Department of Motor Vehicles (DMV) office.
- * If you are pumping gas and no one else is in your car, roll up all the windows, lock the doors, and take your keys with you so you don't lock yourself out of the car or leave the window nearest you open. This will prevent someone from taking anything you may have left in the car, like a purse on the front seat, while you are not looking.
- Officer David Surwilo, San Diego Police Department



STATE BUDGET MATTERS

This summer, the Legislature passed what I think is the best state budget since I first arrived in Sacramento, and it will have enormous benefits for residents of University Heights and all of San Diego.

By increasing funding for schools by \$3.1 billion, we're investing more in our children than ever before. We preserved the Middle Class Scholarship to help families send their kids to college. We added \$56 million to the amount of money we spend on childcare, so now more families will be eligible for assistance.

Using proceeds from the Prop. 56 tobacco tax, we allocated \$465 million to raise reimbursement rates for doctors and dentists who accept Medi-Cal patients and \$50 million for increased Medi-Cal rates for Planned Parenthood providers. These measures will enhance access to healthcare.

Perhaps my favorite piece of this budget is the expansion of the California Earned Income Tax Credit (EITC). In its first year, the EITC helped 385,000 working Californians with tax refunds worth an average of \$519. In its second year, potentially more than 1 million additional workers will benefit, thanks to an increase in the eligibility ceiling, from an annual salary of roughly \$14,000 to approximately \$22,000, and the addition of self-employed people to the program.

We allocated \$2.8 billion toward repair-

ing our state highways and local roads. Residents will begin to see real results for the contributions they are making.

Meanwhile, we added to our state's reserves. This budget contributed \$1.4 billion to our Rainy Day Fund, bringing the total to \$8.5 billion. When you include our regular reserves, we now have \$9.9 billion put away for when we need it.

Many of the programs we were able to bolster help struggling Californians, and by helping those who are struggling, we help everyone. These benefits ripple upward and create a stronger economy and a stronger California.

- Toni G. Atkins, State Senator for California's 39th District, which includes University Heights



FROM YOUR STATE ASSEMBLYMEMBER

THE TIME IS NOW TO ADDRESS **CALIFORNIA'S HOUSING CRISIS**

Recently a neighbor in the 78th District asked me what my top three priorities are. My answer was: "housing, housing, and housing." The housing crisis is the biggest problem facing our state, as more Californians are either squeezed out of the housing marketplace or prevented from ever entering it. At least 1.8 million homes need to be created by 2025 to keep up with demand. In San Diego, that means more than 140,000 homes immediately just to meet current demand. Further, homelessness has increased five percent since last year. We have effectively tackled two of our biggest priority issues-rebuilding transportation infrastructure and combatting the effects of climate change-so it is time for the Legislature to focus its full attention on housing.

When we adjourned for the summer legislative recess, Governor Brown, Assembly Speaker Rendon, and Senate Leader De León committed to introducing a comprehensive housing package when we reconvene in August (SB 2, SB 3, and SB 35). SB 2, authored by our own State Senator Toni Atkins, would establish a permanent source of funding for affordable housing, with the potential to generate approximately \$250 million annually. SB 3 would place a \$3 billion affordable housing bond on the 2018 ballot for voter approval. SB 35 would streamline the review process for housing developments. I have introduced AB 1637, which focuses on middle-class Californians - those who don't qualify for low-income housing subsidies, but still

struggle to pay the rent. This bill would spur the production of middle-income housing opportunities by giving local housing authorities the ability to develop and finance these projects. In total, more than 130 pieces of legislation aimed at addressing our housing crisis have been introduced, which means we have a chance to make real progress this year. California has always been synonymous with opportunity. Now is the time to ensure every Californian has the opportunity to have a home.

- Todd Gloria, Assemblymember for California's 78th Assembly District, which includes University Heights



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STATE SENATOR

TONI ATKINS, DISTRICT 39

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STATE ASSEMBLYMEMBER **TODD GLORIA, DISTRICT 78**

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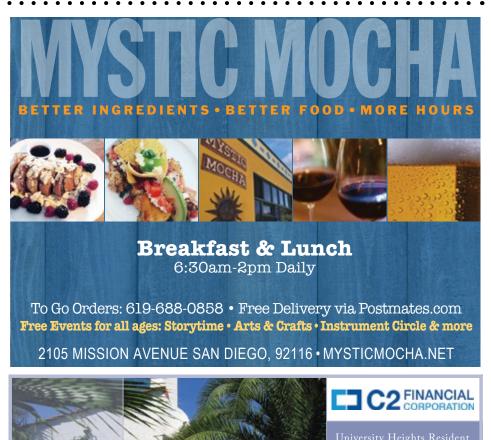
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PET OF THE MONTH

Meet Mika, a four-year-old Saint Bernard who lives on Maryland Street with her Mom, Rebecca. Mika was rescued from Mexico where she and her litter mates were flea-infested and malnourished. But now, she is living high on the hog, with her fur-siblings, James and Cabo. In addition to long walks and belly rubs, Mika loves to perch on the couch and watch her University Heights neighbors go by. - Rebecca Estrada





After nineteen years of dedicated service to the San Diego Public Library system and five years as the University Heights Library Branch Manager, Kim Schmidt retired on June 28, 2017.

Kim first joined the San Diego Public Library in November 1998 when he was hired as an Hourly Substitute Librarian for the Branch Division. Kim quickly excelled in all his duties, and was promoted to a Full-time Substitute Librarian and later to the Youth Services Librarian position at the City Heights/ Weingart Branch Library, where Library staff praised his diligence, enthusiasm, and dedication. He built new partnerships with community organizations and schools to provide quality and diverse programming for people of all ages. Kim also served as the Youth Services Librarian at several other branch libraries: San Ysidro, Valencia Park/ Malcolm X, Skyline Hills, and Paradise Hills. At all locations, Kim delivered excellent customer service to staff and to youth. Prior to joining the UH library team as Branch Manager in April 2012, Kim served as the Branch Manager at Allied Gardens/Benjamin and at Paradise Hills.

Upon arriving at the UH Branch in 2012, Kim immediately won over the hearts of staff, the community, and volunteers. He established strong partnerships with organizations like the University Heights Community Association and the Lesbian, Gay, Bisexual, and Transgender (LGBT) Center. He used his strong interpersonal skills and talent to leverage resources to create innovative programs, collections, and services that included a respected LGBT collection and a Book Club. Kim also wrote a monthly column in the UHCA News to help increase library awareness. Kim collaborated closely with the UH Friends on a number of projects, including establishing an attractive outside donation box that increased book sales and working to design new murals and banners to enhance the exterior features of the facility. He launched the Read & Ride E Book Club in collaboration with the San Diego Metropolitan Transit System. Kim also established the popular Senior Mobile Tech Lab workshops and created the first gender-neutral



restroom in the library system. He also teamed up with California Senator Toni Atkins' office to create the very successful Annual Sock Drive.

UHCA and the entire UH community would like to extend to Kim a heartfelt thank you and a huge bouquet of Plumes in recognition of his years of dedicated service to our Library, and we wish him only the very best in his retirement. Thanks, Kim! We will miss you.

(Some data derived from Memorandum of June 28, 2017, by Robert Cronk, Deputy Director, Public Services Division re: Retirement of Kim Schmidt)



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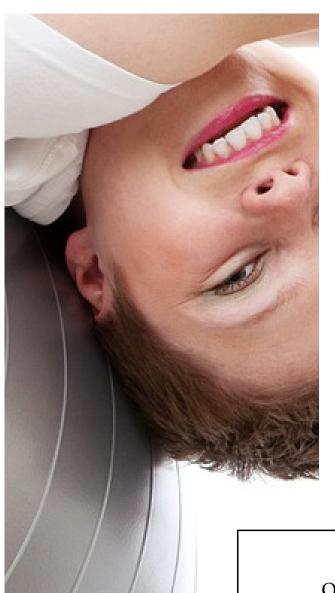


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